

DECEMBER 2025

NEWSLETTER



SOUTHWEST STARS
ROLLERSKATING CLUB

This is the last newsletter of 2025 - how crazy is that!

This year has brought us the creation of the SWSRSC and we haven't looked back.

Our skaters have been working hard on their routines, which are shaping up to be amazing. It will be so exciting to see them take the floor when the 2026 season begins.

We have also welcomed new skaters to our club, hosted free learn to skate events and just this month welcomed our first sponsor. There are more big things to come in 2026 and we are so excited to share all of the excitement with you all.

Have a safe and happy holidays. We look forward to rolling with you in the new year!



Freeskate Focus Classes – Rebecca Taburri

Morley Rollerdrone

13th December

We have booked the bus again. If you would like a seat, let us know.

New Class Prices

As communicated via email and on the Facebook page, we are introducing new pricing which will be effective from January 1st.

This increase has come after careful consideration after reviewing our class schedules and is necessary to ensure we can cover the cost of floor hire.

Class Schedule



DECEMBER

/ 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5 4-4:30 12SK8	6
7 10-10:30 Warm-up + Fitness 10-11 Figures 11-12 Turns 11-12 Dance 12-12:30 Spins 12-12:30 Jumps 1-2 All level routines 1-30 - 2 Advanced routines	8 5:30-6 Warm up 6-7pm All level routines	9	10	11	12 4-4:30 12SK8	13
14 10-10:30 Warm-up + Fitness 10-11 Figures 11-12 Turns 11-12 Dance 12-12:30 Spins 12-12:30 Jumps 1-2 All level routines 1-30 - 2 Advanced routines	15 5:30-4 Warm up/Fitness 4-4:30 Development 4:30-5 Figures 5:30-6 Skills	16 5:30-4 Warm up/Fitness 4-4:30 Development 4:30-5 Figures 5:30-6 Skills	17 5:30-6 Warm up 6-7pm All level routines	18	19 5:30-4 Warm up 4-4:30 12SK8/Fitness 4:30-5 Development 5:30-6 Skills 6-6:30 All level routines 6:30-7 Advanced routines	20
21 10-10:30 Warm-up + Fitness 10-11 Figures 11-12 Turns 11-12 Dance 12-12:30 Spins 12-12:30 Jumps 1-2 All level routines 1-30 - 2 Advanced routines	22 5:30-6 Warm up 6-7pm All level routines	23	24	25	26	27
28 10-10:30 Warm-up + Fitness 11-12 Turns 11-12 Dance 12-12:30 Spins 12-12:30 Jumps 1-2 All level routines 1-30 - 2 Advanced routines	29 5:30-4 Warm up/Fitness 4-4:30 Figures 4:30-5 Dance 5:30-6 Skills 6-6:30 All level routines 6:30-7 Advanced routines	30	31	1	2	3

Class pricing will be reviewed regularly to ensure we are keeping class fees as low as possible.

INDIVIDUAL CLASS FEE - \$100
WEEKLY CLASS FEE - No longer available
MONTHLY CLASS FEE - \$400

THE SECOND UNIFORM ORDER HAS BEEN PLACED THIS WEEK.
THOSE WHO HAVE ORDERED WILL BE CONTACTED ONCE THE UNIFORMS ARRIVE.



info@southweststars.com.au

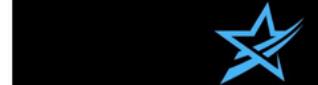


Donnybrook Rec Centre

Exhibition Skate

The DRC are hosting a public skate session on 19th December at 4:30pm and they have invited us to do and exhibition during the session to show off our skills and to show people who we are, what we do etc.

Please let Katherine or Sami know if you are interested in participating.



SOUTHWEST STARS
ROLLERSKATING CLUB

EXHIBITION SKATE

Friday December 19th @ 4:30pm

The DRC are hosting a skate night, and have asked the Southwest Stars to come and help with the event. We will perform a short exhibition at the beginning of the session, then join the session fun.

For those able to join us we will be learning the exhibition routine on Fridays at 6:30

Please contact either Katherine or Sami if you are interested in participating in the exhibition, you will need to attend the 3 practice session prior to the performance.

Sponsor Announcement – Talison Lithium

We reached out to some local businesses with the hopes of gaining sponsorship for the club and some of the things we were looking to do.

One of the things we were looking for was help to repair and replace the hire skates we use for classes and sessions. These skates are old and in dire need of repair to make sure they are safe for use. We were also looking to purchase new skates in the sizes we are low on, to ensure we have enough skates available in different sizes for those who need them.

Talison Lithium answered our call, and have generously offered the club a donation of \$5000 to cover the cost of replacement and repair of the skates.

This is fantastic for our club, as it means we will be able to continue to provide the free hire skate use, while making sure these are safe and that we can offer this to multiple people of the same size.



**TALISON
LITHIUM**

Skating in Summer - Info Sheet

We sent out a Skating in Summer info sheet recently, with some rules and tips about training as the weather heats up.

These guidelines have been put in place to ensure training can continue safely during summer.

The fans will be running, and there will be extra drink breaks when it is hot. The drink fountain has chilled water to refill bottles if needed.

Please have a read through the sheet and if you have any questions, reach out to Katherine.



SKATING IN SUMMER



We have had a chat with Simon, the manager of the DRC this week about training as we come into summer. Summer is hot, and training can be hard, but there are things we can do to make training easier and to prepare for the hot weather ahead. Below is some information to make sure our skaters are prepared and ready to train safely this summer season.

Fans

We will have the fans and the extraction units running for training to keep the centre as cool as possible while training is on. This should help cool the courts down and keep the temperature manageable.

Water

It is mandatory to bring a water bottle to training and ensure it is filled with water available for training. There is a fountain at the centre so we should not have empty bottles. Extra drink breaks will be given to ensure our skaters are hydrated.

Tights

Tights are required for training if wearing shorts/leotard etc. Tights provide a barrier in case of falls. The DRC is a public space and there will be other people around so tights also help to ensure clothing is appropriate (not riding up) and skaters are covered when wearing shorts, skirts and leotards. We find the Kmart tights (in the dance section of Kmart) are good and affordable at \$8 for a pack of 2. Temu and Shein also have cheap options.

Skating Attire

The weather is already heating up so starting from now, we must be dressing for the weather and for the level of activity we are doing.

- Skaters must be appropriately dressed for training.
- Normal clothes are not acceptable for training. Exercise clothes, leotards and short/T-shirts will be required to ensure our skaters are not overheating.
- Long sleeves should be avoided due to the heat. Skaters can wear a jacket/jumper over their training clothes which can be taken off if they get too hot
- From now, hair must be tied back before starting training. This is to help with the heat but also to ensure safe skating practices. Hair that is out can impact skaters view leading to falls, collisions. Hair can also fall which can then tangle in wheels. It is safer if hair is tied back for training.
- Running shoes are mandatory for fitness and offskate warm ups. Slides, crocs, barefoot, sandals etc are not acceptable and can lead to injury.

Skaters who are not prepared to train (based on the above points) will not be permitted to join training until the issue is resolved.

If you require assistance with the above, or have any questions, please reach out to Katherine or Sami. We are happy to help.

info@southweststars.com.au

2026 Season - Are you ready?

The new skating season will soon be upon us, with the calendar being finalised shortly.

As soon as competition dates have been confirmed, we will communicate these via email and also on the Facebook page.

Now is a good time to check and make sure you are competition ready. This includes checking wheels, bearings, boot covers, tights and toestops. Please reach out to Katherine if you need help with any of these.

Checking now will make sure that if anything is needed you have time to order and receive this in time for comp season starting.

The Are You Ready information sheet can be found on the Facebook group or reach out to Katherine or Sami for a copy to be emailed.

DEVELOPMENT COMP SEASON

Are
you
ready?



Comp season will be upon us before we know it and it's time to check if your skater has everything they need to set them up for the season.

STAR SNAPS

